



Making the Most of My Professional Learning

Teacher Reflection Tool

1. Foundation

Note a time when you had a successful coaching or instructional experience (outside of education). Was it successful? Why did you engage in this learning?

What does Professional Learning in education mean to you?

Have you ever had coaching?

2. Wishlist

What do you hope for when working/talking with someone about teaching?

What allows you to best invest in learning time?

What do you consider the ideal experience for learning?



3. Actionable Outcomes

What do you want to achieve...actionable, relevant, meaningful to you and your teaching experience? (e.g. do you have new curriculum resources, teaching a new grade level, NBTC, next stage of your career)

4. Investment

When is the best time for you?
How do you want to communicate?
What makes you most comfortable when
learning/collaborating with another?

5. Growth

How will you know it was successful?
Who is your accountability partner?
Who will you share your experience with?



Note-Catcher

Sparks that Stretched My Understanding	Reflections
	I like: I like: I like:
Action items	Impact to my current practice
Notes:	